

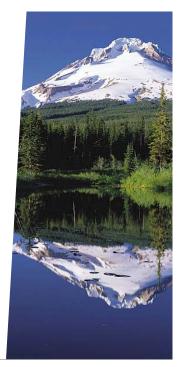
BEST/VTmtss Summer Institute STRAND H:

Centering Equity to Promote Social/Emotional/Behavioral Success

Kent McIntosh
University of Oregon





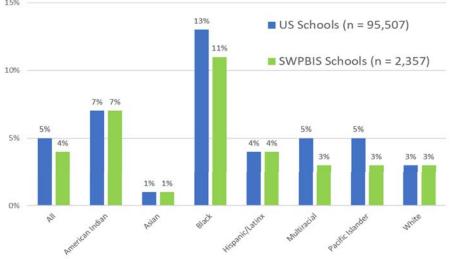




Overview of this Week's Sessions

- Complete some activities to explore how we make decisions and the role of implicit bias, as well as a strategy to neutralize it
- Use activities and tools to examine your school's MTSS to improve contextual fit
- 3. Explore strategies for establishing positive relationships with students
- Explore strategies for responding instructionally to unwanted behaviors

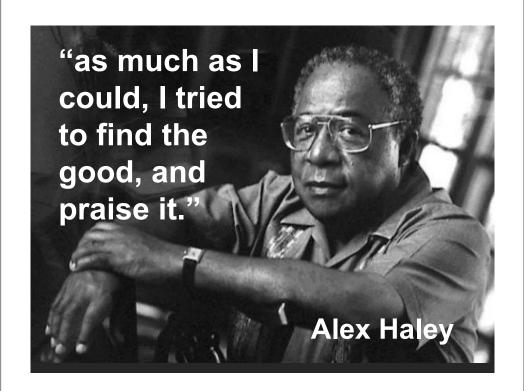
Effects of PBIS on Racial Equity in School Discipline





Which PBIS Features are Most Predictive of Equity?

- Significant predictors of decreased disproportionality:
 - □ Regular use of data for decision making (Tobin & Vincent, 2011)
 - □ Implementation of classroom PBIS systems (Tobin & Vincent, 2011)
 - □ Use of formal reward systems (Barclay, 2017; Tobin & Vincent, 2011)





A 5-point
Intervention
Approach
to Enhance
Equity in
School
Discipline



Discipline disproportionality is one of the most significant problems in education today (Gregory, Skiba, & Noguera, 2010; U.S. Government Accountability Office, 2013). The results of decades of research consistently show that students of color, particularly African American boys and those with disabilities), are at significantly increased ratic for receiving exclusionary discipline practices, including office discipline referrals and suspensions (e.g., Fabelo et al., 2011; Girvan et al., in press, Loen 6 Gillesping, 2012). These differences have been found consistently across operative regions and cannot be adequately explained by the correlation between size and poverty (Nobemeyer's Mcloughlin, 2010; Morris & Perry, 2016; Given the negative effects of exclusionary discipline on a range of student outcomes (American Academy of Pediatrics Council on School Health, 2013), educators must address this issue by identifying rates of discipline disproportionality, taking steps to reduce it, and monitoring the effects of intervention on disproportionality, Disproportionality in exclusionary discipline blocks us from the overall objective of promoting positive outcomes for every student.

Components of Effective Intervention to Prevent and Reduce Disproportionality

Reduce Disproportionality
No single strategy will be sufficient to produce substain
and sustainable change. Multiple components may be need
but not all components may be necessary in all schools
describe here a 5-point multicomponent approach to redisproportionality in schools.

l. Collect, Use, and Report Disaggregated Discipline Data

Any school or district committed to reducing dispreportionality inducial adopt data systems that allow disaggregation of student data by race refunctive and provide instantaneous access to these data for both school and district treams. Some discipline after systems for entering and analysing office discipline referrable.

Doubline Rehandoral Intersections & Supports (DBSS)

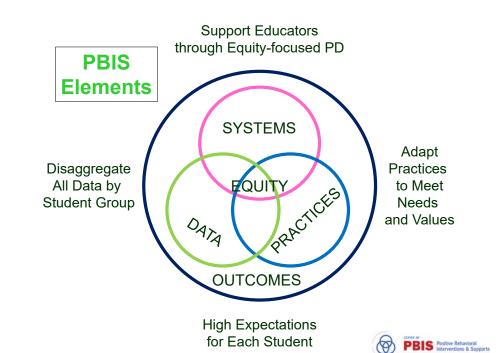
https://www.pbis.org/topics/equity



5-point Intervention Approach

- Collect, use, and report disaggregated discipline data
- Implement a behavior framework that is preventive, multi-tiered, and culturally responsive
- 3. Use engaging **academic instruction** to reduce the opportunity (achievement) gap
- Develop policies with accountability for disciplinary equity
- 5. Teach strategies to neutralize implicit bias

https://www.pbis.org/topics/equity





Examining our School's MTSS to Increase Equity

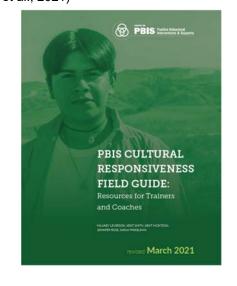
Kent McIntosh





PBIS Cultural Responsiveness Field Guide (Leverson et al., 2021)

- Three sections:
 - 1. Identity awareness
 - 2. TFI Cultural Responsiveness Companion
 - 3. Appendices



http://www.pbis.org/topics/equity



The Elements of Culture Activity

An Activity to Increase Awareness of Culture in Schools



Activity: Elements of Culture

Staff Activity

- 25-30 min.
- Reflect on norms (unwritten rules or customs for behavior of groups)

Elements of Culture	My norms growing up	My norms now	Our school norms	How my students and families might be different	How these differences might create conflict
Use of profanity (example)	No swearing, especially around adults	OK outside of work, none at work	Swearing in general = warning, swearing at someone = ODR	Swearing might be acceptable to convey strong emotion	Students and families may be viewed as disrespectful when they have strong felines
Appropriate personal space					
Appropriate voice level					
Appropriate dress					
Appropriate response to insults					

Elements of Culture	My norms growing up	My norms now	Our school norms	How my students & families might be different	How these differences might create conflict
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Appropriate voice level		hine baser	y on yata!		
Appropriate dress	Detern	hine bases			
Appropriate response to insults	40				

Elements of Culture	My norms growing up	My norms in 2019	My norms in COVID- 19	How my students and families might be different	How these differences might create conflict
Use of profanity (example)	No swearing, especially around adults	OK with friends outside of work, none at work or with family	Swearing is the least of our problems	Swearing might be acceptable to convey strong emotion	Students and families may be viewed as disrespectful when they have strong feelings
Appropriate dress					
Appropriate voice level					
Appropriate personal space					
Appropriate learning space					

Activity: Think-Pair-Share







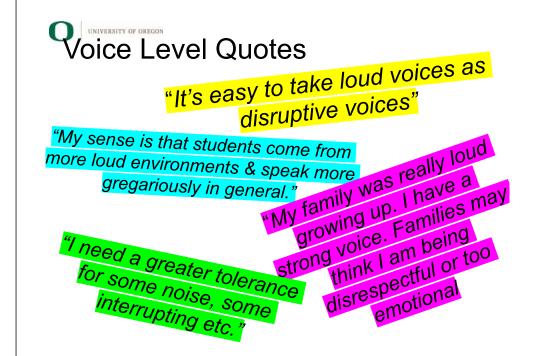
- 1. Complete all 4 elements (rows) on your own (10 min.)
- 2. Join a breakout room
- 3. Discuss your responses (5 min.)
 - 1. Share a row with your partner
 - 2. Discuss a personal "a-ha"
 - Discuss how you might use information from this activity
- How clear are you on the directions?

Elements of Culture	My norms growing up	My norms in 2019	My norms in COVID- 19	How my students and families might be different	How these differences might create conflict
Use of profanity (example)	No swearing, especially around adults	OK with friends outside of work, none at work or with family	Swearing is the least of our problems	Swearing might be acceptable to convey strong emotion	Students and families may be viewed as disrespectful when they have strong feelings
Appropriate dress					
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Appropriate personal space					
Appropriate learning space					



Discussion Points

- What has changed in your norms over time?
- How might your norms differ from those of your students?
- How do we identify what the school norms are?
 - □What would your students say?



Personal Space Quotes "I like my personal space a lot, but more families are sharing smaller spaces & items" "There is a need for more community oriented classroom spaces." "Some families are very ware of this & sometimes growing up. So, I am really growing up. So, I am etimes g

```
General Comments

"The difference between our kids
lives at home often equals
lives at home often equals
negative consequences at
school"

"Adults take student
behavior too personally"
act at times just go to
place."
```



Project ReACT



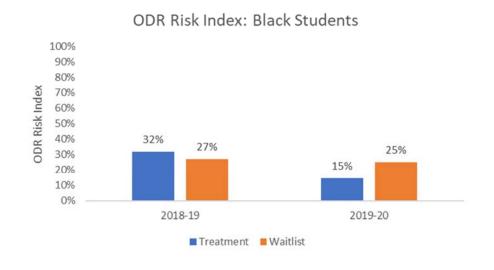


What is Project ReACT?

- A school-wide intervention that works as part of PBIS to use school discipline data to:
 - ☐ Identify which student groups PBIS is currently working and not working for
 - □ Implement the specific strategies that are most likely to make PBIS work for all student groups

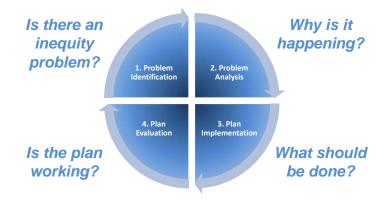


ReACT RCT Outcomes

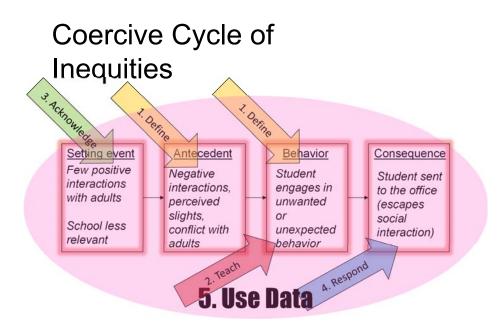




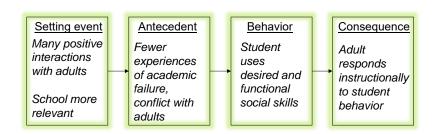
General Problem Solving Model





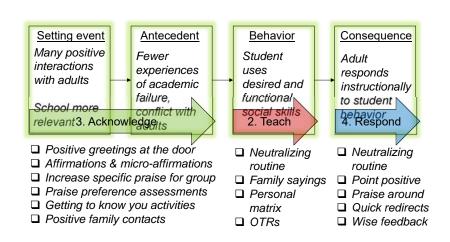


Constructive Cycle of Increasing Equity



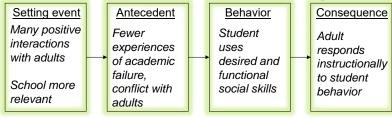


ReACT Classroom Strategies





ReACT Classroom Strategies



3. Acknowledge

- Positive greetings at the door ☐ Affirmations & micro-affirmations
- ☐ Increase specific praise for group
- ☐ Praise preference assessments
- ☐ Getting to know you activities
- Positive family contacts

2. Teach

- Neutralizing routine
- □ Family sayings
- Personal matrix
- □ OTRs

4. Respond

- Neutralizing routine
- □ Point positive
- Praise around ■ Quick redirects
- Wise feedback

UNIVERSITY OF OREGON **Activity: Flipchart**

- 1. At the top left, add your school's data statement
 - Your school's **VDP**

ODRs are most commonly issued to <u>Black</u> students in grade 8 for <u>defiance</u> in <u>classrooms</u> in the <u>first 30</u> minutes of the <u>day</u> .	

UNIVERSITY OF OREGON **Activity: Flipchart**

- 2. At the top right, what are the potential reasons for the pattern?
 - Personal **VDPs**

ODRs are most commonly issued to Black students in arade 8 for defiance in classrooms in the first 30 minutes of the <u>day</u>.

ADULTS

- Tired
- Ambiguous dec.
- Fear of losing control of class

STUDENTS

- Didn't eat
- Little positive contact

UNIVERSITY OF OREGON **Activity: Flipchart**

3. At the bottom left, what are possible strategies to

PREVENT

these unwanted behaviors?

ODRs are most commonly issued to Black students in grade 8 for defiance in classrooms in the first 30 minutes of the <u>day</u>.

STUDENTS

- Little positive contact
- Change classroom seating
- Try reflection or easy warmup activity
- Greet at the door again

ADULTS

- Tired
- Ambiguous dec.
- Fear of losing control of class

Didn't eat

Activity: Flipchart

4. At the bottom right, what are possible strategies to RESPOND TO these unwanted

behaviors?

ODRs are most commonly issued to <u>Black students</u> in grade 8 for <u>defiance</u> in <u>classrooms</u> in the <u>first 30</u> minutes of the <u>day</u>.

- Change classroom seating
- Try reflection or easy warm up activity
- Greet at the door again

ADULTS

- Tired
- Ambiguous dec.
- Fear of losing control of class

STUDENTS

- Didn't eat
- Little positive contact
- Model TRY (neutralizing routine)
- Try praise around
- Offer choices
- Speak privately to student
- Ask what student needs & adapt



Activity: Flipchart

- Share out...
 - □Findings
 - □Resonates
 - □Wonderings

ODRs are most commonly issued to <u>Black</u> students in grade 8 for defiance in <u>classrooms</u> in the <u>first 30</u> minutes of the day.

- Change classroom seating
- Try reflection or easy warm up activity
- Greet at the door again

<u>ADULTS</u> - Tired

- TiredAmbiguous dec.
- Fear of losing control of class

STUDENTS

- Didn't eat
- Little positive contact
- Model TRY (neutralizing routine)
- Try praise around
- Offer choices
- Speak privately to student
- Ask what student needs & adapt

Activity: Flipchart Gallery Walk

- Identify with stickies:
 - □Resonates
 - □Wonderings

ODRs are most commonly issued to Black students in grade 8 for defiance in classrooms in the first 30 minutes of the

ADULTS

- Tired
- Ambiguous dec.
- Fear of losing control of

STUDENTS

- Didn't eat
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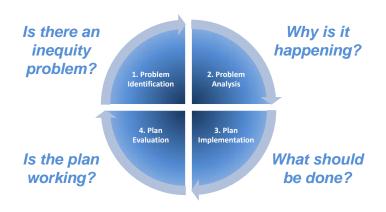
School Example

Langston Elementary School



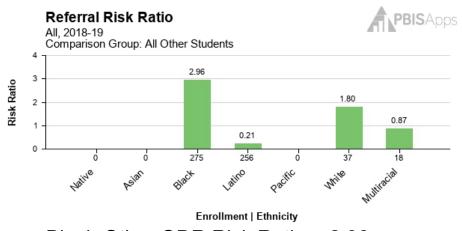


General Problem Solving Model





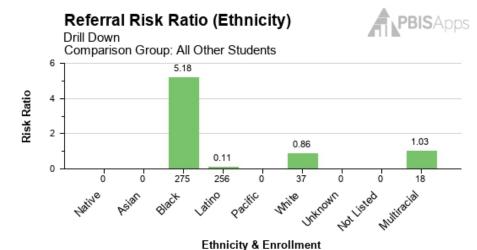
Step 1: Problem Identification



■ Black-Other ODR Risk Ratio = 2.96



Step 2: Problem Analysis



■ Phys. Aggression in Classroom = 5.18

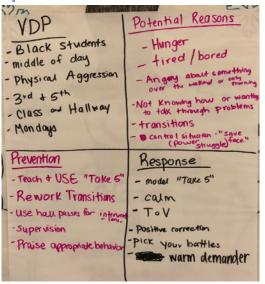


Step 2: Problem Analysis

In 2018-19, ODRs were most commonly issued to Black students for <u>physical</u> <u>aggression</u> in <u>classrooms</u> during <u>early afternoon</u> for students in <u>grade 5</u>.



Step 3: Plan Implementation





Step 3: Plan Implementation

- In 2018-19, ODRs were most commonly issued to Black students for <u>physical</u> <u>aggression</u> in <u>classrooms</u> during <u>early afternoon</u> for students in <u>grade 5</u>.
- Strategies

Prevent	Teach	Respond
□ Positive Greetings at the Door □ Positive Family Contacts □ Afternoon transitions into the classroom □ New procedures □ Active supervision	□ Neutralizing Routine □ "TAKE 5" □ Personal Matrix	□ Neutralizing Routine □ "TAKE 5"



Step 4: Plan Evaluation

0.3

0.26

0.25

0.15

0.10

0.05

0.05

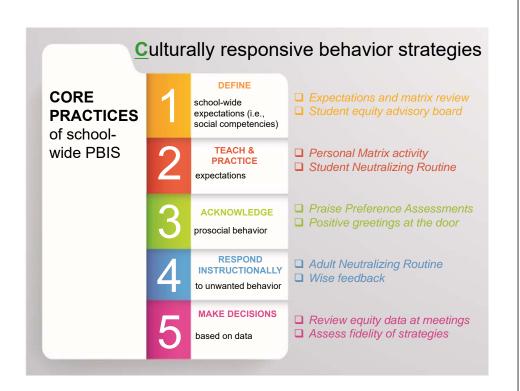
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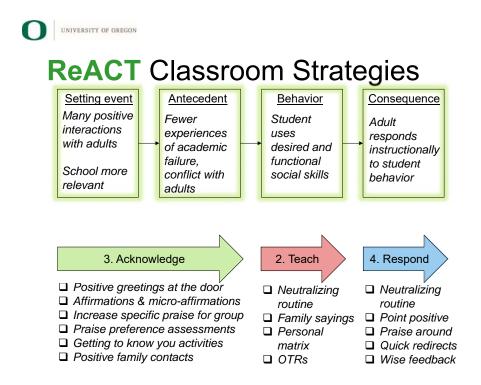


A Menu Approach



- Researchidentified areas for intervention
- A range of strategies that may fit your situation







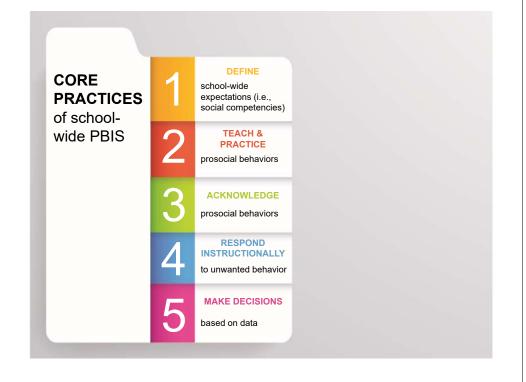
Poll



Which way of presenting strategies do you like the most?
ReACT Classroo

- □4-term contingency (behavior pathway)
- □Core Features of PBIS

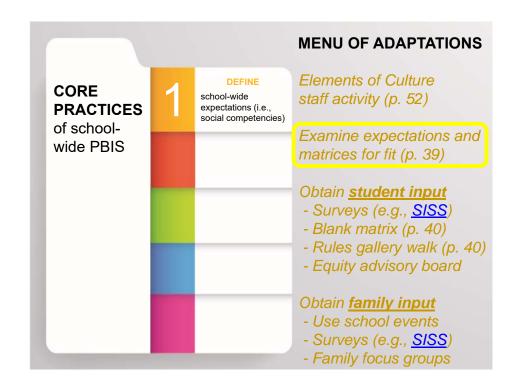




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Strategy Implementation: A Modular Approach

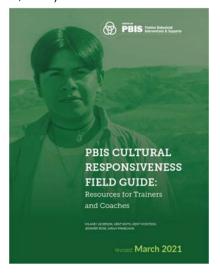
- Pick a strategy based on root cause
 - VDPs or other data
 - ☐ Grade-level teams or depts could select from menu
- 2. Modify strategy or supports as needed
 - □ Team
 - Student Advisory Board
- 3. Provide PD on the strategy
 - Overview, rationale, directions
 - ☐ Try it out (e.g., complete on own)
- 4. Check in on fidelity
 - ☐ Share points of learning (e.g., tweaks, recommendations)
 - Ensure implementation
- 5. Assess outcomes
 - Did we do it?
 - □ Did it work?
 - Should we keep doing it?





PBIS Cultural Responsiveness Field Guide (Leverson et al., 2021)

- Three sections:
 - 1. Identity awareness
 - TFI Cultural Responsiveness Companion
 - 3. Appendices





Now...

■ Taking our learnings so far...

Let's investigate our own school matrix



http://www.pbis.org/topics/equity

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Common PBIS Element: School-wide Expectations Matrix

- Clarify what is expected for students
- Create consistency among staff
- Reduce miscommunication
- Make hidden curriculum visible
- Focus on prosocial behavior



Expectations and Matrix Review





Poll



- 1. How involved were students and families in determining your school-wide expectations?
 - A. Not at all
 - B. Provided approval after creation
 - c. Provided formative input before selection
 - D. Provide yearly input into expectations
 - E. Don't know/don't have/don't care



Resources and Examples



http://bit.ly/EMR-overview



<u>Cultural Responsiveness</u> Field Guide – Appendix D



Expectations and Matrix Review

■ Find this sheet







Instructions

■ Use your school's expectations and matrix

	CLASSROOMS	CAFETERIA	HALLWAYS	SCHOOL GROUNDS & SURROUNDING COMMUNITY	Restroom
PERSONAL RESPONSIBILITY To be accountable for your own actions, choices and the results	Be on time Be prepared Be an active learner Complete assignments	Use table manners Eat your own flood and not share your flood with others Clean up after yourself Recycle	Use the bathroom and get a drink during passing period Gather all materials for next class	Drive safely Stay on public property	Use the bathroom between classes Wash your hands
RESPECT To show consideration, appreciation, and acceptance	Be an active listener Consider other views Use eye contact Stay focused on the topic of discussion Elemande derogatory language Give respect and you will get respect	Use conversational volume Be polite to others	Use conversational language and volume Be considerate of others personal space and property Move to the side to let sthers pass by Avoid interrupting classe	rules	Allow privacy for others No videos or pictures
INTEGRITY To be honest, sincere, and kind in words and actions	Do your own work Be patient with self and others Share responsibilities Take hats off in class	Wait your turn Pay for all purchases Be welcoming and include others Attend only one lunch	Have a pass if out of class Exit the building after school day or approved activities	Be courteous to community members	Keep the stalls and walls graffit! free
DETERMINATION	Be organized - plan time to do work or study Learn from mustakes Ask for help when you need it	Make healthy food choices	Nove promptly to class	 Increase knowledge and use of community resources 	Clean up after yourself
EXCELLENCE To strive to do the best at all	Produce quality work Challenge yourself to take a chance Use school resources Strive for perfect attendance	Encourage your friends to clean up	If you see littler, help by picking it up If you see a visitor, say helio and offer assistance	community in a positive way	Return to class promptly and quietly

chool:	Date:
hat is the school's current se	et of established school-wide expectations/values (if any)?
1	
\(\frac{1}{2} = \frac{1}{2} =	
2	
3	
4	
5.	
A CONTRACT SERVICE SER	loped? Who was at the table? Who provided input?

chool:	Ellison High	Date: July 15, 2021
What is	the school's current set of established s	chool-wide expectations/values (if any)?
1	Safety	_
2	Respect	_
3	Personal Best	-
4	Follow Adult Directions	-
5		-
When a	nd how were they developed? Who was a	at the table? Who provided input?



Do they have the following critical features?

- Positively stated (describe what TO DO, not what not to do)
- Broad (covers all expected behaviors)
- Small in number (3-5 expectations)
- Memorable
- ☐ Apply to both students and adults (e.g., adults commit to modeling them)
- Reflect community values or principles
- ☐ Represent "universal" core life skills beyond school
- ☐ Posted in multiple languages

What would it look like if your school-wide expectations were rewritten as values (e.g., Respect instead of Be Respectful)?

We changed this but some posters around the school still say "Be safe" etc.

How might you revise your expectations to better reflect your school's values?

Is "Follow Adult Directions" a universal core life skill? Staff and students value inclusion -add "Inclusion"?



If you have a school-wide teaching matrix, does it have the following critical features?

- ☐ Has all expectations/values and settings in the school across top and side
- Specific examples (in the boxes) are positively stated (describe what TO DO, not what not to do)
- ☐ Examples are active behaviors (not "Refrain from...")
- ☐ Examples are written in student-friendly language
- ☐ Examples include the best action for how to show the expectation in that setting
- Examples include the positive alternative to the most common unwanted behavior in that setting
- ☐ Examples are small in number (between 2 and 5 examples per box)
- ☐ Examples have an educational purpose instead of school tradition or promoting the status quo
- ☐ Examples are examined for potential bias (e.g., reflecting norms of a dominant culture)

Are common violations of the matrix expectations:

- ☐ Possibly unfamiliar but acceptable variations of OK behavior?
- ☐ Behaviors that may be acceptable out of school but not in school?

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Notes





Expectations and Matrix Review

 Complete the Expectations and Matrix Review for your school



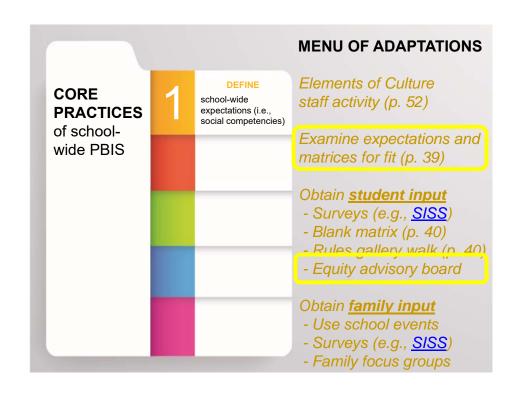
Project ReACT Expectations and Matrix Examination Activity			
School:	Date:		
What are the school's current sch	hool-wide expectations/values?		
1			
2			
3.			
4000			
4			
5.			
9.			
Oo they have the following critics	al features?		
To they have the following critics Positively stated (describe w			
	hat TO DO, not what not to do)		
☐ Positively stated (describe w	hat TO DO, not what not to do) ehaviors)		
☐ Positively stated (describe w ☐ Broad (covers all expected b	hat TO DO, not what not to do) ehaviors)		
Positively stated (describe w Broad (covers all expected b Small in number (3-5 expect Memorable	hat TO DO, not what not to do) ehaviors)		
Positively stated (describe w Broad (covers all expected b Small in number (3-5 expect Memorable	hat TO DO, not what not to do) whaviors) ations) dutts (e.g., adults commit to modeling them)		
Positively stated (describe w Broad (covers all expected b Small in number (3-5 expect Memorable Apply to both students and a	hait TO DO, not what not to do) shawors) attorns) dutts (e.g., adults commit to modeling them) principles		
Positively stated (describe will Broad (covers all expected bill Small in number (3-5 expection Memorable Apply to both students and a Reflect community values or	hat TO DO, not what not to do) whatwors) attorns) datasets, a dusts commit to modeling them) principles te stills beyond school		
Positively stated (describe w Broad (covers all expected b Small in number (3-5 expect Memorable Apply to both students and a Reflect community values or Represent "universal" core it	hat TO DO, not what not to do) whatwors) attorns) dutts (e.g., adults commit to modeling them) principles te skills beyond school		



Discuss at your tables...

- What behaviors are we assuming are universal but might vary by culture?
- If space aliens came down to earth to learn about our culture, what behaviors would they think we value the most?







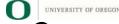
Student Equity Advisory Board

Purposes

- □ Empower students to participate in creating safe, positive, and predictable school environments
- □ Intentional selection to add voice to marginalized youth (e.g., group of interest)

■ Common functions

- □ Liaisons between School PBIS team and students
- ☐ Help select and tailor equity strategies
- ☐ Lead activities (e.g., teach neutralizing routines)

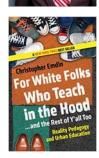


Cogenerative dialogue:

CoGen (Emdin, 2016)

- A group of students + teacher who cogenerate ideas, dialogue, & goals for their own classroom
- Inspired by hip-hop culture ("cypher" or "culture circle")
 - □ Impromptu (or scheduled)
 - ☐ Structured (but loose)
 - □ Circles of creative communication
 - Rapping
 - Dance
 - The numbers
 - Members may or may not know each other







Student Equity Advisory Board: Steps for Implementation

- 1. WHO will facilitate the group?
- 2. WHO do we invite?
- 3. HOW do we invite?
- 4 The SET UP
- 5. The GUIDELINES
- 6 The FIRST MEETING
- 7. Build FLUENCY
- 8. CHANGE board membership
- Planning form



1. WHO will facilitate?

- PBIS team member
- Good relationships with a wide range of students (esp. from group of interest)



2. WHO do we invite?

- Select a diverse cross-section of the class
 - □ Varied...
 - academic proficiencies
 - race/ethnicities
 - social cliques
 - □ Emphasize those from group most exposed to exclusionary discipline



3. HOW do we invite?

- Expect skepticism
 - ■What would make student feel comfortable?
- Sample invite script:
 - □ "Can I talk to you at the end of class for 2-3 minutes...And no you are not in trouble...I just wanted to get your thoughts on a few things"



3. HOW do we invite?

- Possible invitation details
 - □ Purpose: input on some things about the school. A chance to get feedback and ideas on how it could function a bit better
 - □Not a traditional school group or meeting
 - □I think we would really benefit from your voice
 - ☐ Membership is optional (no pressure)
 - ☐ Ask preferences for meeting time (lunch or after school) and snacks



4. The SET UP

- Seats in a CIRCLE
 - □ Everyone can see each other, no front/back
- MUSIC playing in the background
- SPACE is empty
 - □No other people coming in/out
- Plan the board around food
 - □ Provide a snack to "compensate" them for their time



5. The GUIDELINES

- While eating...begin discussion of guidelines so board will be successful
 - □ Facilitator follows guidelines too
- Possible guidelines:
 - No voice is privileged over another "Everybody Eats, Everybody Speaks"
 - 2. One person speaks at a time (one mic)
 - 3. Result is a plan of action to improve school climate
- Make guidelines visible (e.g., handout, poster)



5. The GUIDELINES

- Tell students they are part of an important advisory board
 - □ Example: Principal gave students a certificate when they arrived for their first meeting denoting they were board members, shook their hands, then left the room
 - □Students can name/rename the board



6. The FIRST MEETING

- Students will eventually lead the board, but facilitator takes the lead at first
- Present a SIMPLE issue/problem the team could tackle together
 - □ Examples
 - Identify a positive practice staff could do more often
 - Review and help tailor proposed ReACT strategies
 - Brainstorm ways to help all students feel more welcome
 - Identify expectations booster lessons to teach
- Between meetings
 - □ Facilitator and/or board explicitly engage in plan of action
 - ☐ Board can assist in checking fidelity of plan



7. Build FLUENCY

- Meet regularly (e.g., monthly), with students taking on more leadership
- Sample meeting agenda:
 - 1. Review implementation of plan of action
 - 2. Discuss and select another issue
 - 3. Create a new plan of action
- Continue this cycle until the group is fluent (3 times for an established ritual/routine)



7. CHANGE Membership

- OPTIONAL: After board process is established, membership can rotate
- Sample process:
 - 1. After every 3 meetings, one member of the board invites a new person
 - 2. The inviting member will "opt out" and take on a supporting role in the school



Student Equity Advisory Board: Leveraging

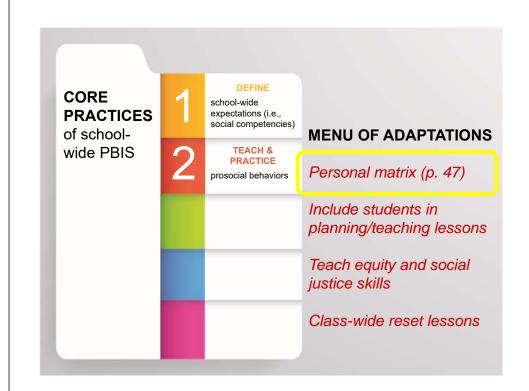
- Potential uses for this week's content:
 - □ Reviewing equity content for strategies
 - □ Providing student perspective on the work
 - □ Leading equity activities
 - E.g., introducing neutralizing routine to students

Student Equity Advisory Board Activity

- Complete the planning form
- Roleplay invitations and facilitation
- Debrief:
 - ☐ How would you use this group?
 - □What barriers do you foresee?



TEAMS





The Personal Matrix

A ReACT Teaching Strategy

http://bit.ly/PM-overview





Personal Matrix

- A whole-class student activity similar to the existing school-wide behavior matrix
- The tweak:
 - □ Take school expectations and have students...
 - Add examples at home
 - Add examples in community

Expectation	At SCHOOL it looks like	At HOME it looks like	With my FRIENDS it looks like
	Keep hands and feet to self		
Be Safe	Tell an adult if there is a problem		
	Treat others how you want to be treated		
Be Respectful	Include others		
	Listen to adults		
	Do my own work		
	Personal best		
Be Responsible	Follow directions		
	Clean up messes		



Lesson Plan

- 1. Ask students about the purpose of expectations.
- 2. Review the school-wide expectations and specific examples with students.
- 3. Ask students to fill in multiple examples of following each of the expectations at home.
- 4. Ask students to write down multiple examples of how their friends expect them to behave.
- 5. Ask students to share similarities and differences in expectations across settings.
- 6. Have students turn in matrices for review.
- 7. Return the matrices to students for their personal reference.

Expectation	At SCHOOL it looks like	At HOME it looks like	With my FRIENDS it looks like
Be Safe	Keep hands and feet to self Tell an adult if there is a problem		
Be Respectful	Treat others how you want to be treated Include others Listen to adults		
Be Responsible	 Do my own work Personal best Follow directions Clean up messes 		

Expectation	At SCHOOL it looks like	At HOME it looks like	With my FRIENDS it looks like
Be Safe	 Keep hands and feet to self Tell an adult if there is a problem 	 Protect your friends and family Don't talk back 	 Stick up for your friends Don't back down Look the other way
Be Respectful	 Treat others how you want to be treated Include others Listen to adults 	 Do exactly what adults tell you to do Don't stand out Don't bring shame 	 Text back within 30 seconds Be nice to friends' parents Share food
Be Responsible	 Do my own work Personal best Follow directions Clean up messes 	 Help your family out first Own your mistakes Share credit for successes 	 Have each other's backs Own your mistakes Check in about what to do

Personal Matrix:

Lesson Plan Variations

- Use as a one-on-one interview
- Share completed matrices with each other in small groups

Activity: Complete Your Own Personal Matrix

- Review the school-wide expectations and "AT SCHOOL" examples for your school
- Complete the "AT HOME" column with examples for each expectation for you <u>personally</u>
- Complete the "WITH MY FRIENDS" column the same way
- How clear are you on this task?







Team Discussion

- Join a breakout room
- Share one row
 - □What was similar to school, what was different or surprising:
 - at home
 - at someone else's house or a restaurant
 - ■Were any differences at home/with friends worth considering for school?





Discussion Question

- How was this activity for you personally?
 - ■What was easy?
 - □What was hard?



Tips for Success

- What if students can't complete it?
 - Introduce the day before you do the activity
 - So they can take home and sketch out ideas
 - □ Prime a student to share some examples
 - Include guiding questions
 - For responsibility at home...
 - What chores do you have?
 - Who do you take care of?
 - Share your own from when you were in that grade





Discussion Question

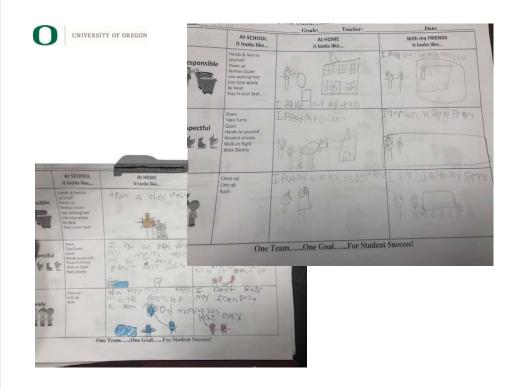
- What do you think you might see on students' personal matrices?
 - □What might be similar or different from school:
 - at home
 - in their community



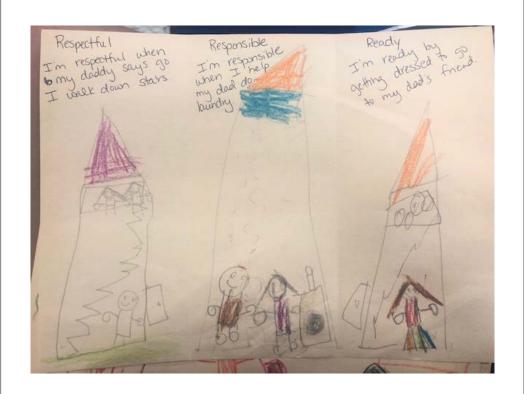
- Homeroom teachers:
 - Complete the Personal Matrix activity with the students in your homeroom
 - □ Review briefly on your own
 - □ Bring the completed matrices next time
- How clear are you on this task?



	SCHOOL	HOME	NEIGHBORHOOD
	What does safety look like/sound like at school?	What does safety look like/sound like at home?	What does safety look like/sound like in your neighborhood?.
	· No threats	· No threats	· No yelling
SAFETY	· No bullying	· No trigeserved	is table cops where I
	· No avaning	· No fears	· / VO SCAPE HOMER
	What does respect look like/sound like at school?	What does respect look like/sound like at home?	What does respect look like/sound like in your neighborhood?
	· No insults	· No back talking	·Nb grattein
RESPECT	· No graffita	· No curses	· < legn street
10	· No CUISIA9	· lister to the	· Noxelling
	What does responsibility look like/sound like at school?	What does responsibility look like/sound like at home?	What does responsibility look like/sound like in your neighborhood?
	· Daing your	· CLEAN YOUR	· cleaning thes
RESPONSIBILITY	· Doing Your Nork	· Show Up for	· Not fighting x









The Personal Matrix: Follow up

A ReACT Teaching Strategy



Discussion:



Reflect on the lesson...

- What went well?
- How did the students respond?
- How easy or difficult was it for them?

Activity: Review your Matrices



- 1. What was something positive you saw?
- 2. What was consistent or inconsistent with what you expected?

Consistent	Inconsistent (surprising)

Activity: Review your Matrices



3. Where are there similarities and differences across school, at home, or with friends?

Similarities	Differences

Interpreting the Personal Matrix



- For the differences between school and other settings:
- 4. Are the "different" school rules necessary for positive student development?
 - NO: Change the school rules to align more with home and neighborhood
 - ☐ YES: Acknowledge explicitly and provide additional teaching, practice, and acknowledgment





Review your Matrices

5. How might you use this information in your instruction?



Resources



http://bit.ly/PM-overview

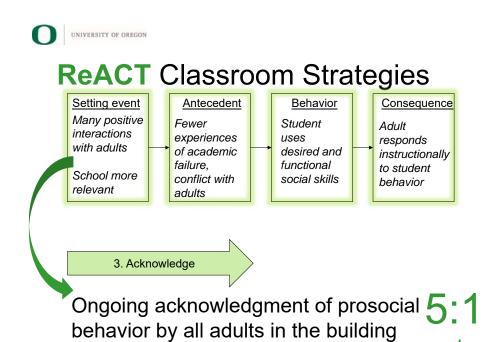
PBIS Cultural Responsiveness Field Guide

(Appendix G: Personal Matrix)



Acknowledging Student Behavior

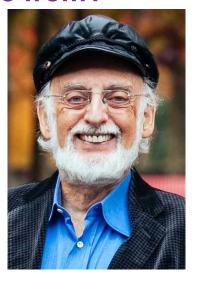


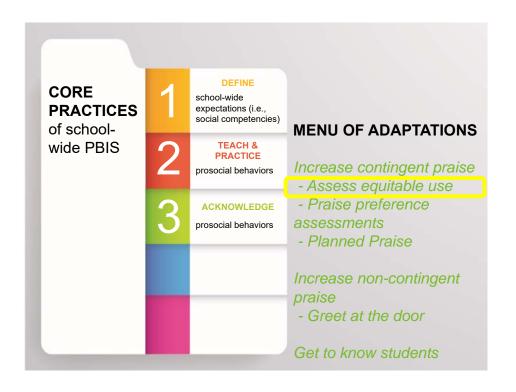


Where did that 5:1 positive to negative ratio come from?

- John Gottman
 - □ University of Washington
 - □ Relationship research







Increasing Equity in Praise: Assessing equity in use of praise

Is this effective practice used equitably with all student groups?

Increasing Equity in Praise: Assessing equity in use of praise

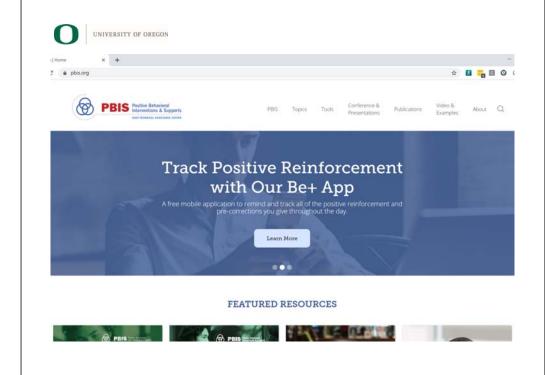
- Is this effective practice used equitably with all student groups?
- Options
 - ■Ask students
 - Walkthroughs (e.g., TFI walkthrough)
 - Student surveys (e.g., School Climate Survey)
 - Observations
 - Self-assessment
 - Peer observation

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Increasing Equity in Praise:

Strategies

- Visual prompts or technology reminders (e.g., mobile app)
- Praise Preference Assessments
- Planned Praise
- Set Personal Goals









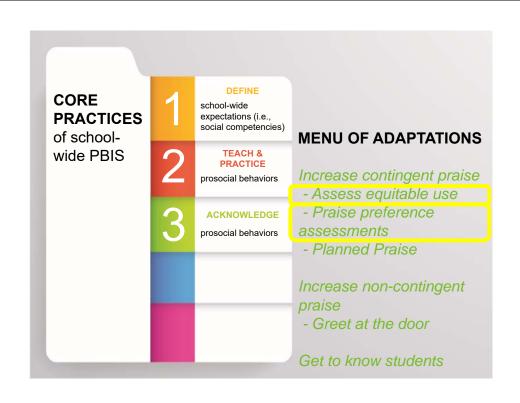


Get Positive!

Android:

- □ https://play.google .com/store/apps/d etails?id=edu.uor egon.emberex bp ositive
- iOS:
 - □ https://apps.apple .com/us/app/bepositive/id150003







Praise Preference Assessment

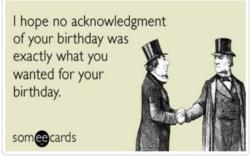
A ReACT Strategy

Acknowledgment





Praise Preference Assessment: Why do it?



- Think of a time when you received praise:
 - You liked
 - You didn't like
- · What was it?

PAUSE

Praise Preference Assessment: What is it?

- A way to identify what type(s) of acknowledgements students like or dislike receiving for showing desired behaviors
- Could be in survey or interview formats

https://jamboard.google.com/d/13RKEvwYDcOpccSO4HBVgpymc0UHc7IRDSKmO0DsLUig/edit?usp=sharing



Praise Preference Assessment:

Steps for implementation:

- 1. Create assessment form
- 2. Ask students to rate the options
- 3. Review results to improve practices



Praise Preference Assessment:

- 1. Create assessment form
- Add space for student's name

Create menu of acceptable acknowledgment

options

- □ Public praise
- ■Non-verbal signal
- □ School-wide ticket
- □ Classroom points systems

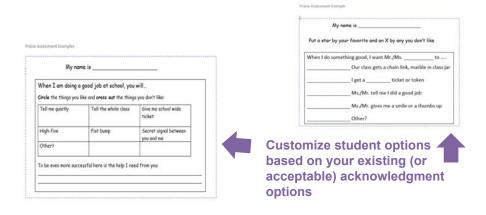




Praise Preference Assessment:

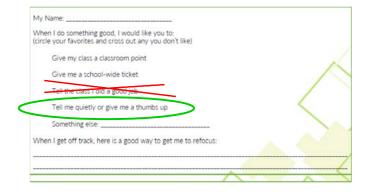
Resources

https://bit.ly/PPAexamples





- 2. Ask students to rate the options
- Could circle/cross out, rate from 1-5, etc.





Praise Preference Assessment:

- 3. Review results to improve
- REVIEW individual responses to tailor praise
- REVIEW class-wide responses to adjust school-wide/classroom systems



Praise Preference Assessment: Big Ideas

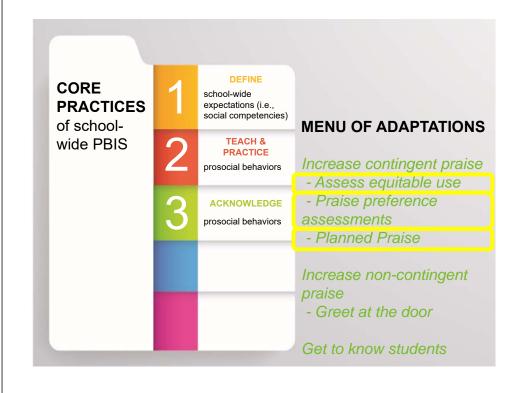
- Students like and dislike different types of praise (just like adults!)
- Use to improve your relationships with students and classroom acknowledgement systems



Self-guided resources



http://bit.ly/PPA-overview





Planned Praise

A ReACT Strategy Acknowledgment

http://bit.ly/PP-overview



Planned Praise:

What is it?

- A strategy for acknowledging a student or group of students for whom student-adult relationships could be improved
- Brainstorming a set of possible praise statements ahead of time to increase positive interactions

Planned Praise: Why do it?

- Praise is a powerful tool for improving behavior
- Because it is so effective, it is important to:
 - a) Use it with all students
 - b) Identify students who need more positive interactions
 - c) Use specific strategies to increase positive feedback

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How do we do it?

Steps

- 1. Identify a group that could benefit from more praise and specific students from that group
- 2. Create a glossary of strengths to praise
- 3. Plan effective and culturally/developmentally appropriate praise statements
- 4. Pick a time when to use them
- 5. Do it!



1. Identify a group and students

- 1. Group
 - With high rates of ODRs (or disproportionate ODRs)
- 2. Students
 - □ With high rates of ODRs
 With few positive relationships with adults in school

Planned Praise: Example Praise Plan

Student	Unwanted Behavior	Strength	Praise Statement	Planned Timing
Andre				
DeShawn				
Finley				

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2. Create a glossary of strengths

- Expected behaviors you know they do regularly
- Unwanted behaviors that could be reframed as talents or strengths at other times (e.g., class clown behaviors)
- Characteristics that may be viewed by society as negative cultural stereotypes (i.e., microaffirmations)

O | UNIVERSITY OF OREGON | Planned Praise:

Example Praise Plan

Student	Unwanted Behavior	Strength	Praise Statement	Planned Timing
Andre	none	Transitions quickly		
DeShawn	Argues with adults about fairness	Looks out for others		
Finley	Talkative, loud	A good friend		



3. Plan praise statements

- Ensure they:
 - ☐ Have the elements of behavior-specific praise (contingent, immediate, specific, and genuine)
 - □ Are tailored to student praise preferences (e.g., public vs. private)
 - □ Are paired with school-wide acknowledgment systems (e.g., ticket) if adult praise may currently be aversive

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Example Praise Plan

Student	Unwanted Behavior	Strength	Praise Statement	Planned Timing
Andre	none	Transitions quickly	Public praise (e.g., "Thank you Andre for showing us the way")	
DeShawn	Argues with adults about fairness	Looks out for others	Quiet praise with ticket (e.g., head nod)	
Finley	Talkative, loud	A good friend	Quiet microaffirmation (e.g., "you're a good friend")	



4. Pick a Time to Use Them

- Select times when:
 - ☐ Students are most likely to show their strengths
 - ☐ Students might need additional encouragement (e.g., before difficult activity)
 - ☐ It is easy to remember to provide praise statements (e.g., beginning of lesson)

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Example Praise Plan

Student	Unwanted Behavior	Strength	Praise Statement	Planned Timing		
Andre	none	Transitions quickly	Public praise (e.g., "Thank you Andre for showing us the way")	Transition into 1st period Math		
DeShawn Argues with adults about fairness		Looks out for others	Quiet praise with ticket (e.g., head nod)	After whole- group teacher instructions		
Finley	Talkative, loud	A good friend	Quiet microaffirmation (e.g., "you're a good friend")	Small group work		

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5. Do it!

- Use the praise statements consistently, especially at first to build the relationship (e.g., at least once a day for 10 days)
- Vary as needed to expand the range of desired behaviors

Evaluate praise plan implementation: Try using this simple form for the first 10 days of your praise plan!

Me	on	Tu	les	W	ed	T	h	F	ri	M	on	Tu	ies	W	ed	T	h	F	ri
Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No

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Tips for Success

- Tailoring for your students
 - ☐ To build the glossary, ask students' family members for strengths they would like to be encouraged
 - □ Use a praise preference assessment to identify preferred praise statements (e.g., public vs. private)

Planned Praise:

Tips for Success

- Use a system to help prompt you to use it consistently
 - □ Phone reminder
 - Be+ app: https://www.pbis.org/announcements/track-positive-reinforcement-with-our-be-app
 - □Visual signal
 - Poster
 - Sticker
 - Note in lesson plan

Planned Praise:



- Pick 1-3 students for planned praise
- 2. Complete the form
- Discuss as a team
- 4. Share out





Share Out!



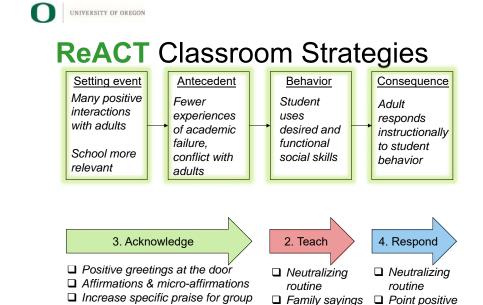
What are some other strategies that you use to acknowledge desired behavior?



A Menu Approach



- Researchidentified areas for intervention
- A range of strategies that may fit your situation



□ Personal

matrix

□ OTRs

Praise around

■ Quick redirects

■ Wise feedback

☐ Praise preference assessments

☐ Getting to know you activities

□ Positive family contacts



Responding
Instructionally to
Unwanted Behavior







Activity

- Which of these responses are not instructional, and how could you make them more instructional?
 - □ Shushing
 - □"You know better than that."
 - □ Reteach and have student practice

☐ Getting to know you activities

□ Positive family contacts

- □"The look"
- □ "What are you supposed to be doing right now?"

□ Praise around

Quick redirects

Wise feedback

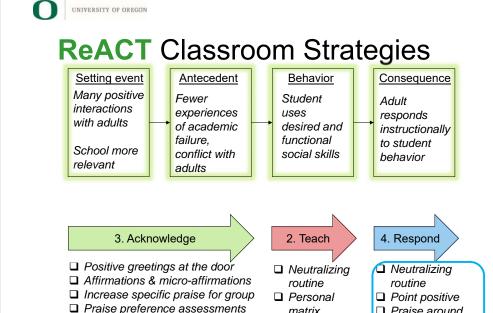
■ Model deep breathing

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Share Out!

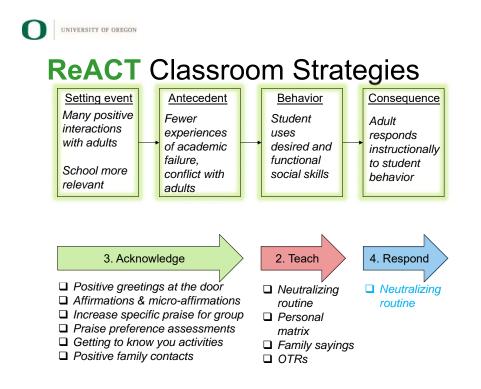
What are some effective strategies that you use to respond instructionally to unwanted behavior?



matrix

□ OTRs

□ Family sayings



What is a V

What is a Vulnerable Decision Point (VDP)?

- A specific decision that is more vulnerable to effects of implicit bias
- Two parts:
 - □ Elements of the situation
 - ☐ The person's <u>decision state</u> (internal state)





Neutralizing Routine: What is it?

- Defined
 - □An instructional response to unwanted behavior to use instead of a harsh response during VDPs

Neutralizing Routine: Why do it?

- Helps us pause before responding, so we can proceed in a way that...
 - □Increases positive behavior
 - □ Decreases unwanted behavior

(Cook et al., 2018)

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Neutralizing Routine:

What is it?

- 5 critical features
 - 1. If-then statement
 - 2. Brief
 - Clear steps
 - 4. Doable
 - 5. Interrupts the chain of events

Neutralizing Routine: What is it NOT?



- x Something that is done to us

 Having a privilege taken away
- x A gentler way to exclude students

 Cross-class timeout
- X A long procedureStop class for a restorative circleRunning a lap around the field

Neutralizing Routine: What is it NOT? NOW?



- x Something that is done to us
 - ✓ Make it an action you can do
- x A gentler way to exclude students
 - ✓ Keep students in instruction
- x A long procedure
 - ✓ Keep it brief a quick pause and back into the game

Neutralizing Routine: How do we do it?

- When you see unwanted behavior, stop and ask yourself:
- 1. Can I respond in line with my values?
 - □ My hot-button triggers
 - □ My decision state
- 2. If so, use an agreed-upon alternative response (the **neutralizing routine**)

Neutralizing Routine: Examples

- When I see unwanted behavior...
 - □ Delay decision until I can think clearly
 - "See me after class/at the next break"
 - Ask the student to reflect on their behavior/feelings
 - Am I acting in line with my values?
 - □ Reframe the situation
 - "How would we do that at school?"
 - Picture this student as a future doctor/lawye
 - Assume student's best effort at getting needs
 - Respond as if the student was physically injured
 - ☐ Take care of yourself
 - Take two deep breaths
 - Recognize my upset feelings and let them go
 - Model school-wide "reset" strategy



STOP

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Neutralizing Routine:

School-wide example

- **TRY**
 - □ *T*ake a deep breath
 - □ Reflect on your emotions
 - □ Youth's best interest
 - "Let's TRY that again."
 - "Let's TRY it a different way."
 - "Let's TRY to have a positive outcome."



Neutralizing Routine:

School-wide "Reset"

- TRY for students
 - □ Take three deep breaths
 - □ Reflect on your feelings
 - ☐ You got this!
- Social-emotional Theme
 - ☐ Mistakes are part of the learning process
 - □ We won't always do it right the first time
 - □ We can't succeed unless we TRY

https://bit.ly/studentlessonplan



Question

■ How many of you already have and use a

neutralizing routine?



☐ If so, what is it?



YIELD



- Peer testimonials
- Self-assessments
- Visual prompts



Take 3 deep



Reflect on your feelings



You've got this!





YIELD

Neutralizing Routine: Self-guided Resources

■ 1-page overview

Editable materials

Narrated voice-over ppt videos



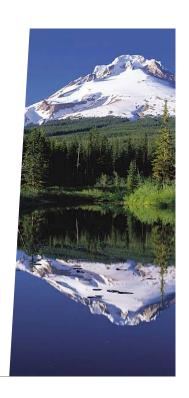
http://bit.ly/NR-overview



Neutralizing Routines

Selecting & practicing

A ReACT Strategy
Respond Instructionally



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Neutralizing Routine:

Activity - Identify NRs worksheet

- Brainstorm possible school-wide neutralizing routines
- 2. Check if each idea has all 5 critical features
 - 1. If-then statements
 - 2 Brief
 - 3. Clear steps
 - 4. Doable
 - 5. Add space/delay between behavior and response
- 3. Decide on a school-wide neutralizing routine
 - □ (ok to have a personal one too!)

Neutralizing Routine: Examples

- If this is a VDP...,
 - □ Delay decision until I can think clearly
 - "See me after class/at the next break"
 - Ask the student to reflect on their behavior/feelings
 - Am I acting in line with my values?
 - □ Reframe the situation
 - "I love you, but that behavior is not ok"
 - "How do we do that at school?"
 - Picture this student as a future doctor/lawyer
 - Assume student's best effort at getting needs met
 - Respond as if the student was physically injured

☐ Take care of yourself

- Take two deep breaths
- Recognize my upset feelings and let them go
- Model school-wide "reset" strategy



STOP



Neutralizing Routine:

Gallery Walk Selection Activity







Neutralizing Routine: Activity

4. Practice the neutralizing routine



Neutralizing Routine:

Activity – worksheet

STEP 5:	Identify what might help or hinder use of the neutralizing routine	
<u>Help</u>	Ŀ	<u>Hinder</u>
15 ²		<u> </u>



Neutralizing Routine:

Plan for Success

- What might you need to use our school-wide neutralizing routine more consistently?
 - □ What reminders would be useful?
 - What else might you need?

Neutralizing Routine: Plan for Success

STEP 6:	From this list, create a plan to maximize its use	

Neutralizing Routine: Plan for Success

- Options
 - □ Create a visual (e.g., poster) to remind yourself and place it somewhere you can see
 - □ Schedule daily practice for yourself AND your students before difficult situations arise
 - □ Include reminders to use the neutralizing routine in morning announcements



Neutralizing Routine:

Plan for Success

- Can also be used as precorrection
- 1 Am I about to enter a VDP?
- 2. What are my values?
- 3. When I see unwanted behavior, I'll use my neutralizing routine



Neutralizing Routine: Self-guided resources

- 1-page overview
- Editable materials
- Narrated voice-over ppt videos





ReACT Classroom Strategies

Antecedent

Fewer



experiences of academic failure. School more conflict with relevant adults

Behavior Student

uses desired and functional social skills

Consequence Adult

responds instructionally to student behavior

4. Respond

■ Neutralizing

Point positive

routine

3. Acknowledge

- Positive greetings at the door
- ☐ Affirmations & micro-affirmations ☐ Increase specific praise for group
- ☐ Praise preference assessments ☐ Getting to know you activities
- Positive family contacts

- 2. Teach
- Neutralizing routine
- □ Personal matrix
- □ Family sayings
- □ OTRs



"Point Positive"







Discussion

- Ask with an elbow partner or group:
- What is your most common don't/stop/quit/no direction?
 - □(e.g., "Don't run in the hallway!")
- What could be a "point positive" direction instead?
 - □(e.g., "Please walk in the hallway!")



ReACT Classroom Strategies

Setting event Many positive interactions with adults

School more relevant

Antecedent Fewer

experiences of academic failure. conflict with adults

Behavior Student

uses desired and functional social skills

Consequence

Adult responds instructionally to student behavior

3. Acknowledge

- Positive greetings at the door
- ☐ Affirmations & micro-affirmations
- ☐ Increase specific praise for group
- ☐ Praise preference assessments ☐ Getting to know you activities
- Positive family contacts

2. Teach

- Neutralizing routine
- □ Personal matrix
- □ Family sayings □ OTRs
- 4. Respond
- Neutralizing routine
- Point positive Praise around



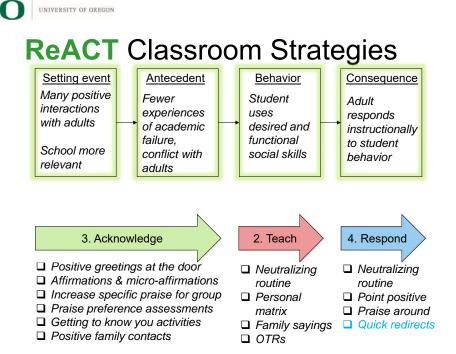
Praise Around

- When you see unwanted behavior:
 - 1. Find a near peer who is doing the right thing
 - 2. Provide behavior specific praise to that peer
 - e.g., "Serena, I see you working quietly on your sheet. You are showing responsibility."
 - Look out for appropriate behavior from the student
 - 4. Provide behavior specific praise
 - e.g., "Shawn, thank you for working quietly"



Watch Video (twice)

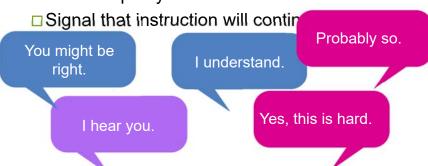
- Discussion Questions
 - 1. What did the student do?
 - 2. What was the teacher's reaction?
 - 3. What could have been done differently?





Quick Redirects

- Very brief responses to student behavior in the middle of instruction that:
 - □ Show empathy for students





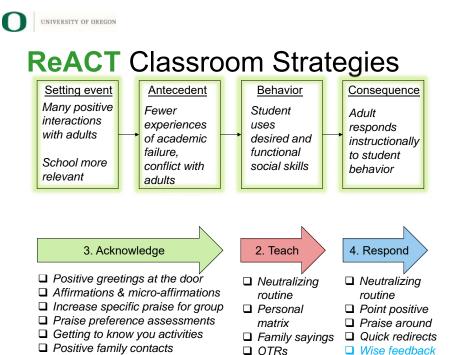
Quick Redirects

- Can also be non-verbal redirection
- Used to avoid verbal redirection that can lead to a power struggle
- Examples
 - □ Proximity
 - □ Tap desk
 - □"The look"



Activity: Quick Redirects

- 1. Create a scene
 - Think up a teaching situation where you might predict some unsolicited student feedback
 - Identify your quick redirect
- 2. Share with the group (chat or unmute)





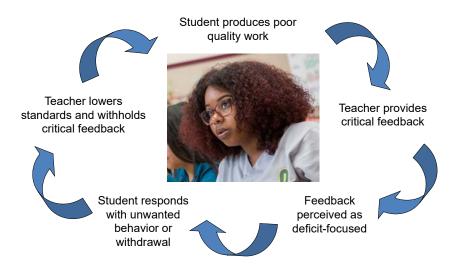
Wise Feedback





A Cycle of Mistrust

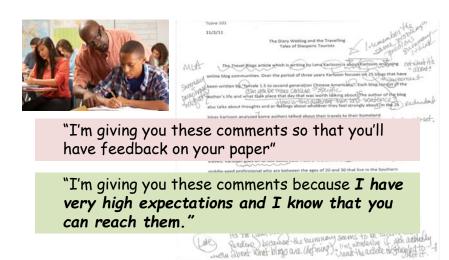
(Yeager et al., 2014)



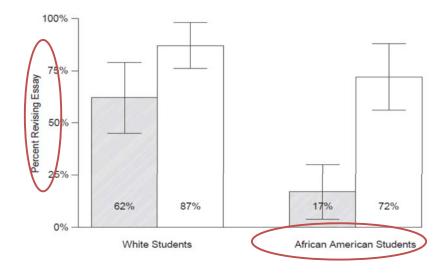


Wise Feedback

(Yeager et al., 2014)



Does Wise Feedback make a difference?





Wise Feedback

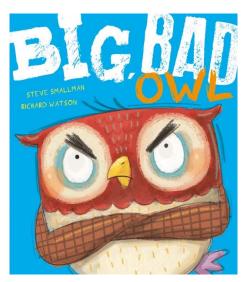
(Yeager et al., 2014)

■3 parts

- □Critical feedback
- □Communicate high standards
 - ■Not just "do better"
- □Provide resources (time, specific supports)



BAD OWL



- Overpraise mediocre work
- Withhold constructive feedback
- Low expectations



GOOD OWL



- Offer critical feedback
- With high expectations
- Ladder statement



Example: Wise Feedback (with empathy)

- 1. Offer critical feedback
 - □ "I know it can be frustrating to lose control like that."
- 2. With high expectations
 - □ "It is hard to be responsible for your choices, but I know you are capable of this"
- 3. Ladder statement
 - □ "I'm going to check in with you at the start, and end of each period."



Your turn: Wise Feedback

- On your own or with a partner, use the Wise Feedback strategy to plan to address an unwanted student behavior
 - Use OWL to create 2 critical feedback statements to address behavior
 - Share in chat







Wise Feedback: Key Points

- It's easy to avoid giving critical feedback to some students
 - □ Especially for students of color
- Wise Feedback can help us deliver feedback that is heard
- OWL can make feedback more effective, genuine, and specific to students' needs as learners



Wise Feedback:

Self-guided resources

- 1-page overview
- Editable materials
- Narrated voice-over ppt videos
- Fidelity checklist



http://bit.ly/OWLoverview

Integration Activity: Responding Instructionally

- Select a strategy
- Find a group planning to use that strategy
- Complete the worksheet
- Discuss among your group





Big Ideas

- Thinking about and discussing solutions is the first step
- There are effective strategies that can work for your school
- Use your data to assess and monitor
- This is hard work but you know how to do it!



Homework for Life

Identify one strategy you'll use to increase equity in school discipline for the fall.

DEFINITELY NOT A PICTURE OF AN ALLIGATOR