

Example Request for Assistance Form

Number of ODR: _____ Number of nurses visits: _____

Prevent	Teach	Respond
<p><i>*Check all that apply</i></p> <p>What have I tried to prevent the challenging behavior?</p> <ul style="list-style-type: none"> <input type="checkbox"/> Change the environment <ul style="list-style-type: none"> ○ Change seating ○ Pair students strategically ▪ Increase predictability of routine <ul style="list-style-type: none"> ○ Use visuals ○ Schedule breaks ○ Prepare for changes in routine ▪ Provide environmental enrichment <ul style="list-style-type: none"> ○ Differentiated instruction ○ Engagement strategies <input type="checkbox"/> Provide choices <input type="checkbox"/> Use clear concise verbal cues <input type="checkbox"/> Modify tasks or task length <ul style="list-style-type: none"> ○ Intersperse easier tasks with more difficult tasks ○ Lessen task demands as appropriate <p>Other: _____</p>	<p>What competencies have I tried to teach to reduce the challenging behavior?</p> <ul style="list-style-type: none"> <input type="checkbox"/> Define expectations and rules <input type="checkbox"/> Teach emotion awareness <input type="checkbox"/> Encourage communication skills <ul style="list-style-type: none"> ○ Teach how to ask for help ○ Teach how to ask for a break ○ Teach how to ask for preferred items/activities/attention ▪ Plan for transitions <ul style="list-style-type: none"> ○ Signal transition on signal ○ Teach waiting skills <p>Other: _____</p>	<p>What does the student seem to be communicating?</p> <ul style="list-style-type: none"> ▪ A need for attention/help ▪ A need for a break from a difficult task/situation ▪ A need for an item/materials <p>How have I responded to challenging behavior?</p> <ul style="list-style-type: none"> ▪ Planned Ignoring ▪ Classwide Redirect/warning ▪ Non-verbal redirect/cue ▪ Restate expectation ▪ Provide a choice ▪ Provide in-class break ▪ Provide out-of-class break ▪ Practice expectation ▪ Restore environment ▪ Complete missed work ▪ Assist student in using a new coping strategy <p>Other: _____</p>