**Northeastern Family Institute**

*Bringing Vermont Children, Families, and Communities Together*

**The Family Center: Outpatient Mental Health**

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Impact Developmental Trauma has on Cognition and Learning

1. Black and white thinking
2. Poor cause and effect
3. Difficulty sustaining curiosity and attention
4. Negative belief system
5. Cant filter out irrelevant information
6. Intellectual functioning- Often varied cognitive profiles
7. Delayed or disrupted language development
8. Difficulty with executive functioning
9. Memory challenges (distraction, misperception, poor short-term memory, overwhelmed, anxiety)
10. Focus on non-verbal information and lack of ability to accurately
11. Novelty is triggering as anything new is potentially threatening